



# Body treatments



## DEEP TISSUE MASSAGE

A technique focused on releasing deep muscle tension. Using slow and precise pressure, it improves mobility and promotes recovery.



## DRAINING MASSAGE

This massage combines invigorating movements and targeted pressure to stimulate blood and lymphatic circulation. It helps reduce the appearance of cellulite and tones the tissues.



## TAILOR-MADE MASSAGE

A fully personalized treatment tailored to the specific needs of each individual. We combine different massage techniques, adjusting pressure and areas according to your tension, pain points, or preferences.

60 MIN - 195€  
90 min - 290€

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## x TATA HARPER

### REVITALIZING SCRUBT

30 MIN - 130€

An exfoliating treatment that removes surface skin cells, leaving your skin smooth, soft, and glowing, thanks to Tata Harper's Smoothing Body Scrub.



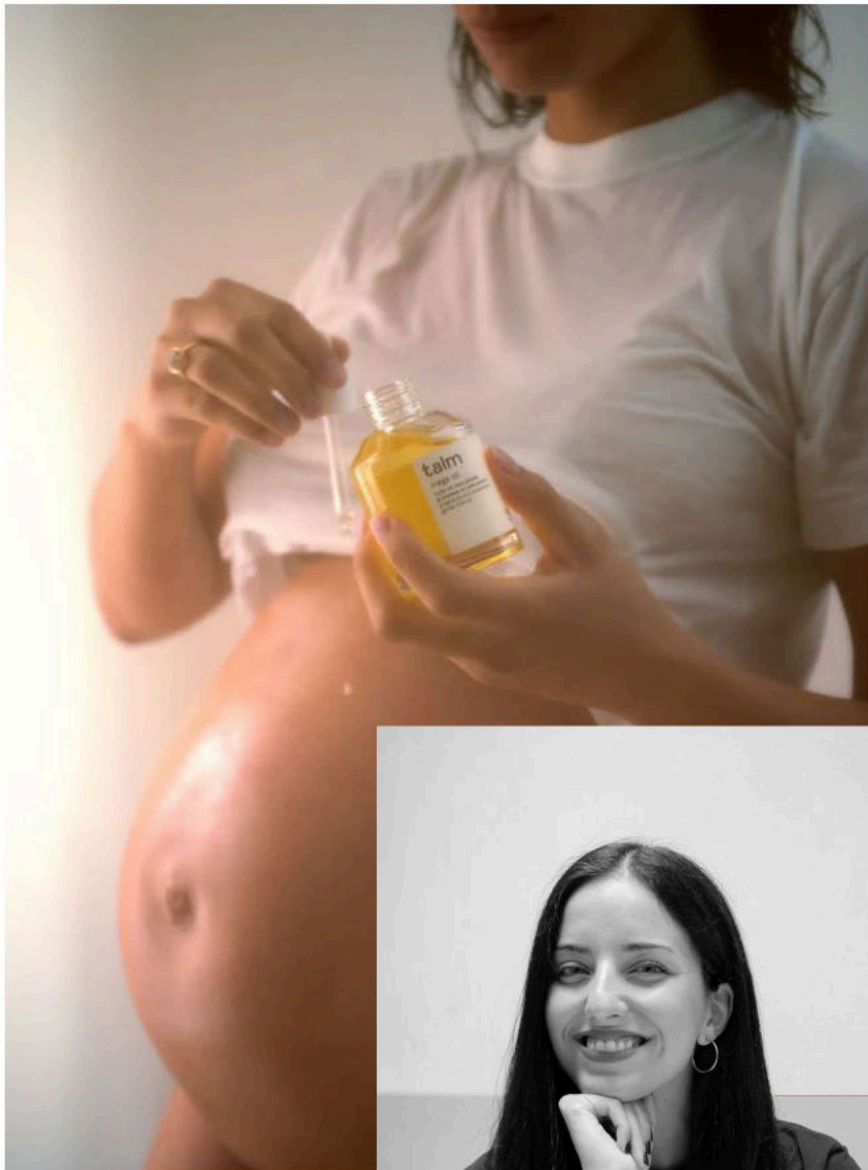
### SERENITY RITUAL

90 MIN - 295€

Awaken tired skin with this regenerating treatment designed to deeply rehydrate the entire body. Begin with a thorough exfoliation using Tata Harper's Smoothing Body Scrub, followed by a relaxing massage using Revitalizing Body Oil, for a pure moment of serenity and well-being.







# Body treatments

## x TALM



### PRENATAL MASSAGE

This massage uses gentle, adapted techniques to avoid any pressure on the belly, targeting specific areas such as the back, legs, and feet. It uses Talm products, specially designed for a relaxing and safe experience.



### POSTNATAL MASSAGE

This massage is tailored to the specific needs of the body after childbirth, taking into account physical and hormonal changes. Talm products help restore skin elasticity, relieve breastfeeding-related tension, and support the return to activity.

60 MIN - 195€  
90 MIN - 290€

Founded by Kenza Keller, Talm was created with the desire to support and care for women from the very first day of pregnancy, throughout postpartum and breastfeeding. To address the transformations a woman's body undergoes during this time, the brand strives to balance safety, effectiveness, and beautifully crafted, environmentally respectful products.