



# Body treatments



## DEEP TISSUE MASSAGE

A technique focused on releasing deep muscle tension. Using slow and precise pressure, it improves mobility and promotes recovery.



## LYMPHATIC DRAINAGE

This massage combines invigorating movements and targeted pressure to stimulate blood and lymphatic circulation. It helps reduce the appearance of cellulite and tones the tissues.



## TAILOR-MADE MASSAGE

A fully personalized treatment tailored to the specific needs of each individual. We combine different massage techniques, adjusting pressure and areas according to your tension, pain points, or preferences. We can also offer exfoliation treatments during your customized treatment.

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60 MIN - 205€

90 MIN - 295€

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## x TALM



### PRENATAL MASSAGE

60 MIN - 205€ - 90 MIN - 295€

This massage uses gentle, adapted techniques to avoid any pressure on the belly, targeting specific areas such as the back, legs, and feet. It uses Talm products, specially designed for a relaxing and safe experience.

Founded by Kenza Keller, Talm was created with the desire to support and care for women from the very first day of pregnancy, throughout postpartum and breastfeeding. To address the transformations a woman's body undergoes during this time, the brand strives to balance safety, effectiveness, and beautifully crafted, environmentally respectful products.